

HISTORICAL REVIEW OF CLINICAL TRIALS  
AT THE OASIS OF HOPE HOSPITAL

Since 1963, one hundred thousand patients have been treated at the Oasis of Hope Hospital founded by Dr. Ernesto Contreras, Sr.. Patients have come here from every part of the world seeking cancer therapies and treatment approaches pioneered by the Contreras doctors, specifically the Metabolic Therapy . Dr. Contreras called his cancer therapy "metabolic" because it enhances normal function of organs while provoking an adverse environment for malignant cells. This is accomplished through a treatment program that provides detoxification, natural anti-tumor agents such as laetrile, whole foods and juices, emotional and spiritual support, and immune stimulation from vitamins, minerals, phytochemicals and enzymes.

In 1981, we conducted a retrospective study to document the five-year survival rates of our cancer patients. It is important to note that 95 percent of these patients came to us with stage IV cancers after conventional therapy had failed to help them. They had been sent home to die. We treated them with our metabolic therapy and the results were encouraging. Our overall five-year survival rate for all types of cancer was 30 percent. We also noted that 86 percent of our patients outlived their prognosis and reported an improvement in their quality of life.

Malignancies in the lung, breast, colon and prostate are the most prevalent in our experience. For this reason, we designed a prospective study on the efficacy of metabolic therapy focused on these advanced stage IV cancers. In the table below, we compare our results against those from clinical trials with conventional therapies.

Type of cancer, Number of patients, 5 yr. survival rate (%) with Oasis-Therapy and Conventional-therapy

Lung Cancer

Number of patients: 200

5 yr. survival rate (%) with Oasis-Therapy: 30%

5 yr. survival rate (%) with Conventional-Therapy: 2%

Breast Cancer

Number of patients: 130

5 yr. survival rate (%) with Oasis-Therapy: 39%

5 yr. survival rate (%) with Conventional-Therapy: 21%

Colon Cancer

Number of patients: 150

5 yr. survival rate (%) with Oasis-Therapy: 30%

5 yr. survival rate (%) with Conventional-Therapy: 8%

Prostate Cancer

Number of patients 600

5 yr. survival rate (%) with Oasis-Therapy: 86%

5 yr. survival rate (%) with Conventional-Therapy: 33%

1. Distant: A malignant cancer that has spread to parts of the body remote from the primary tumor either by direct extension or by discontinuous metastasis to distant organs, tissues, or via the lymphatic system to distant lymph nodes.

2. Source: American Cancer Society Cancer Facts & Figures 2001

The Oasis statistics when compared to the Conventional statistics are dramatically better. What makes these results astounding to me is the difference between the Oasis group and the Conventional group. The Oasis patients had

already undergone surgery, radiation or chemotherapy. They had endured the hair loss, nausea, burns and devastation of their energy levels and immune systems. Those in the Conventional group had no previous treatment to damage their general condition. They had a fresh start. We can only speculate on the better results we could achieve with patients that would avoid conventional therapy before they arrive to the Oasis of Hope.

In spite of the impressive results, our studies were rejected by all peer reviewed medical journals. The only studies that these groups recognize are single drug double blind clinical trials. Our study just didn't meet those criteria. In fact, our results depend on a combination of therapies. This makes it difficult to single out one active agent, and this is the objective of cancer research. Scientists want to identify the means and we have focused completely on the end result.

Our results in lung cancer were so dramatic however that one group of oncological authorities did invite us to make a presentation at the World Congress on Cancer in Buenos Aires. Unfortunately, the Congress coordinators canceled our participation at the last minute due to opposition from some outspoken doctors. Once again, those who insisted that the results were secondary and that our study did not adhere to their guidelines were able to silence us.

In the past, financial restraints and negativity from the oncological community have hindered us from conducting standard double blind clinical trials. But the legal and medical environment is changing as more and more people demand access to alternative medicine. The governments in the USA and Mexico have already established offices of alternative medicine in their health departments. The Ministry of Health in Mexico has approved our application for a clinical research organization (CRO) and we are now positioning ourselves for research grants. We intend to conduct the necessary trials to publish the results in an effort to make valid therapies available to people in any part of the world.

We have never been on a crusade to prove the value of alternative therapies. In fact, we have often been criticized for our use of conventional medicine. We keep focused on our ultimate goal, the total well being of our patients. We try not to limit our patients to either alternative or orthodox therapies. We offer them what are the most effective and least harmful options. Our approach compliments conventional medicine with natural elements and mind/spirit support. To our critics who wage that we do not utilize pure science, we would like to remind them. Medicine is much more than science, it is a healing art.